

NIDAN GRADING CHECKLIST

CANDIDATE NAME: _____

AGE: _____ DOJO: _____

<i>Nidan Fee: \$150</i>		Notes
K A T A R E Q U I R E M E N T S	Sanchin-Tensho	
	Sanseiryu	
	Shujakku	
	Tenchi (Both Sides)	
	Tai Chi Concepts	
	5 Elements Set	
K O B U D O	Matsu Higa	
	(1 Weapon)	
B U N K A I	6 From Sanseiryu	
K U M I T E	Endurance	
	Technique	
	Spirit	
P R E P	Conditioning	
	Partner skills	
	Other considerations	
Partiipation in CNGK, ESSAY, HISTORY, etc		
		<input type="checkbox"/> Pass Adjudicator's signature Date
		<input type="checkbox"/> No Pass